



Lent 2020

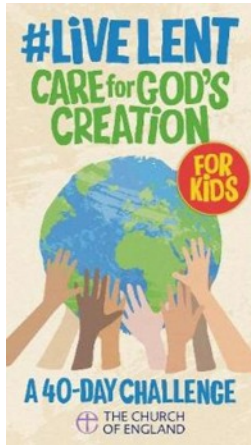
St Mary's Church

Theme & Focus

The Environment and the Climate Crisis

Join us this Lent in deepening our life of discipleship. Here are various suggestions as to how you may like to get involved as well as coming to church!

- 1 **DAILY REFLECTION** 'LIVE LENT Care for God's Creation'
- 2 **LENT GROUPS** 'Climate Change and the Purposes of God'
- 3 **CARBON FOOTPRINT** Make a Pledge!



Live Lent Booklet
100 copies available 16 Feb
If you would like to take a book please leave a donation in the basket at the cross aisles (£1.50 adults & £1.00 'Kids version')

This Lent, we hope both adults and children might engage in God's plea for us to "Care for Creation". It is an opportunity for us to rebuild our relationship with our planet, and in turn with the God who is Lord of everything. During this time, we hope you might engage in prayer, learn more about the remarkable world we have been given and build habits that last beyond the season to protect and honour the earth. *Archbishops Justin Welby & John Sentamu*

#LiveLent: Care for God's Creation is the Church of England's Lent Campaign for 2020. With weekly themes shaped around the first Genesis account of creation, it explores the urgent need for humans to value and protect the abundance God has created. This year's #LiveLent challenge offers 40 short reflections and suggested actions to help you, your family and your church live in greater harmony with God, neighbour and nature.

Lent begins on Ash Wednesday (26th February 2020). There will be a Eucharist and Service of Ashing @ St Mary's at 8pm.

Lent Groups entitled....



'Climate Change and the Purposes of God'

...will commence the week beginning 2nd March for 5 weekly sessions

There will be Groups meeting - **More information Sunday 16 Feb**

- Mondays mornings 11.15am (NO MORE SPACE!)** in the Rose and Crown. (Leader Catherine Linsley)
- Tuesday afternoons 2.15pm** in the Fellowship House Mtg rm (Leader Juliet Boyd)
- Tuesday evenings 8pm** in the home of Alison Neilson (Leader TBD)
- Wednesday evenings 8pm** in the home of Sheila Lenon (Leader Alice Fookes)
- Wednesday evenings 8pm** in the home of Susan Mayo (Leader Robert Evans)
- Thursday afternoons 2pm** in the home of Hilary Coleman (Leader Shara Leonard)
- Friday mornings 10am** in the home of Joan Heaton (Leader Yunghee Koh)

If you would like to join a group please sign up on the board in the Church porch (from 16 Feb) before Ash Wednesday (or email nils.bersweden@stmaryswimbleton.org) Numbers per group may be limited. First come first served!



CARBON FOOTPRINT

Make a Pledge!
CHECK IT OUT

If you would like to consider the environment by making a Lent pledge to reduce your carbon footprint - there will be a prepared list of carbon saving suggestions (from 16 Feb) at the cross aisles. **Make a personal and realistic commitment for the sake of God's beautiful creation.**

HOLY WEEK 2020



Palm Sunday 5th April
Holy Week 6th April
Maundy Thursday 9th April
Good Friday 10th April
Easter Day 12th April



St Mary's Church Wimbledon

Lent 2020

MY CARBON FOOTPRINT CO2 PLEDGE



A **carbon footprint** is the total of greenhouse gases generated by our actions.

Greenhouse gas emissions result from the production, use and disposal of a product or service. They include carbon dioxide — the gas most commonly emitted by humans — and others, such as methane, nitrous oxide, and fluorinated gases, which trap heat in the atmosphere, causing global warming. Usually, the bulk of an individual's carbon footprint will come from transportation, housing and food.



This Lent we are encouraging everyone to begin thinking about taking concrete steps (however tentative) towards lowering our personal carbon footprint and making a Lenten Pledge of action as a spiritual discipline.

We are concerned with Energy conservation (using less electricity, oil and gas), lowering fuel consumption (petrol and diesel including air travel), wasting less water and food.

Overleaf are some suggestions for your PLEDGE. Please feel free to add your own ideas for lowering your carbon footprint to help safeguard God's creation.

Electricity:

1. switch off lights when not needed;
2. set washing machines at a lower temperature, say 30 degrees C;
3. set the drying machine for a shorter time, or hang washing outside or elsewhere;
4. use the eco-use setting on the dishwasher ;
5. brush leaves rather than using a leaf-blower them (bonus - no noise);
6. switch off red "stand-by" lights;
7. boil only the amount of water needed;
8. use long-life bulbs;

Heating (by gas, oil, electricity):

9. consider a lower setting generally; and turn down the thermostat in rooms used less often;

Petrol & Diesel:

10. use cars less, especially to go to church but bear in mind those who have difficulties and need a lift!
11. consider shopping by car or by delivery; which is better?

Food:

12. Consider becoming vegetarian or vegan (*since animals produce methane*) or simply eat less meat (e.g. 2 or 3 times a week) a bonus in health for some?

My PLEDGE to reduce my carbon footprint is as follows.....

----- Cut here -----

LENT 2020 ST MARY'S CHURCH WIMBLEDON

Please record overleaf beneath the dotted line a pledge of what you intend to begin to do this Lent to help safeguard God's Creation and our environment. There is no need to put your name to this unless you would like to.

*During services on the **first Sunday in Lent (March 1st)** we will collect these pledges during the offertory as a gift to our Creator in thanksgiving for the world we have.*

(Keep the record of your pledge in the box overleaf as a reminder).



----- Cut here & bring to church First Sunday in Lent (1st March) -----

LENT 2020 ST MARY'S CHURCH WIMBLEDON

My PLEDGE to reduce my carbon footprint is as follows.....

